

**First Responder 5K
Sunday 10/19/2025
M30-49 Results**

Rank	Race Time	First name	Last name	Bib	M/F	Age	Division	Division Group
1	22:09.3	Nick	Williamson	251	M	35	Overall male	M30-49
2	22:32.5	David	Follette	267	M	43	Overall male	M30-49
3	23:04.2	Samuel	Scott	261	M	44	Overall male	M30-49
4	24:02.6	Patrick	Burke	124	M	39	Overall male	M30-49
5	24:45.7	Joseph	McCarthy	193	M	38	Overall male	M30-49
6	24:55.3	Ashanh	Henderson	256	M	33	Overall male	M30-49
7	25:02.2	Magdiel	Colon Jr	139	M	36	Overall male	M30-49
8	26:04.7	Emanuel	Williams	249	M	30	Overall male	M30-49
19	27:04.2	Hiram	Cruz	142	M	43	Overall male	M30-49
10	27:13.4	Jeff	Gagner	159	M	38	Overall male	M30-49
11	27:32.6	Stephan	Maldonado	188	M	31	Overall male	M30-49
12	27:46.5	Connor	Sormanti	233	M	32	Overall male	M30-49
13	27:55.5	Damian	DeWolf	148	M	49	Overall male	M30-49
14	28:09.7	Matthew	Lopez	280	M	30	Overall male	M30-49
15	28:24.5	Franklyn	Jimenez	168	M	32	Overall male	M30-49
16	28:52.4	Chris	Ott	272	M	36	Overall male	M30-49
17	29:03.0	Mike	Nothe	203	M	35	Overall male	M30-49
18	30:06.1	Ryan	Wilkie	246	M	37	Overall male	M30-49
19	32:37.8	Brian	Garcia	160	M	30	Overall male	M30-49
20	32:45.1	Benton	Carr	128	M	38	Overall male	M30-49
21	33:06.2	Stephen	Lugo	185	M	35	Overall male	M30-49
22	33:07.2	Deshawn	Brown	120	M	35	Overall male	M30-49
23	34:29.7	Nick	Cantella	125	M	37	Overall male	M30-49
24	35:56.3	Aaron	Kennedy	171	M	34	Overall male	M30-49